

## Think | BIG

### Behavior Profile References: Pregnancy - Daily Intake

1. Bezabih AM, Wereta MH, Kahsay ZH, Getahun Z, Bazzano AN. Demand and supply side barriers that limit the uptake of nutrition services among pregnant women from rural Ethiopia: An exploratory qualitative study. *Nutrients*. 2018;10(11):1687. doi:10.3390/nu10111687. <https://www.mdpi.com/2072-6643/10/11/1687/htm>.
2. Choudhury N, Ahmed SM. Maternal care practices among the ultra-poor households in rural Bangladesh: a qualitative exploratory study. *BMC Pregnancy and Childbirth*. 2011;11(1). doi:10.1186/1471-2393-11-15. <https://bmcpregnancychildbirth.biomedcentral.com/track/pdf/10.1186%2F1471-2393-11-15>.
3. Daba G, Beyene F, Garoma W, Fekadu H. Assessment of Nutritional Practices of Pregnant Mothers on Maternal Nutrition and Associated Factors in Guto Gida Woreda, East Wollega Zone, Ethiopia. *Science, Technology and Arts Research Journal*. 2013;2(3):105-113-113. <https://www.ajol.info/index.php/star/article/view/98748>.
4. deSa J, Bouttasing N, Sampson L, Perks C, Osrin D, Prost A. Identifying priorities to improve maternal and child nutrition among the Khmu ethnic group, Laos: a formative study. *Maternal Child Nutr*. 2013;9(4):452-466. doi:10.1111/j.1740-8709.2012.00406.x. <https://www.ncbi.nlm.nih.gov/proxygw.wrlc.org/pmc/articles/PMC3496764/pdf/mcn0009-0452.pdf>.
5. Gewa CA, Frankenfeld CL, Slavin M, Omondi M. Fish-Enhanced and Soybean-Enhanced Supplemental Snacks are Acceptable among Pregnant Women in Rural Kenya. *Food and Nutrition Bulletin*. 2014;35(4\_suppl3):S180-S187. doi:10.1177/15648265140354S303. <https://journals-sagepub-com.proxygw.wrlc.org/doi/pdf/10.1177/15648265140354S303>.
6. Hashmi A.H., et al. 'Because the baby asks for it': a mixed-methods study on local perceptions toward nutrition during pregnancy among marginalized migrant women along the Myanmar–Thailand border, *Global Health Action*. 2018. 11:1, 1473104, DOI: 10.1080/16549716.2018.1473104 <https://www.tandfonline.com/doi/full/10.1080/16549716.2018.1473104>.
7. Kang, Y., et al, Household food insecurity is associated with low dietary diversity among pregnant and lactating women in rural Malawi. *Public Health Nutrition*. 2018. [https://www-cambridge-org.proxygw.wrlc.org/core/services/aop-cambridge-core/content/view/90FF6D9679F59D790120E7A9B348BE92/S1368980018002719a.pdf/household\\_food\\_insecurity\\_is\\_associated\\_with\\_low\\_dietary\\_diversity\\_among\\_pregnant\\_and\\_lactating\\_women\\_in\\_rural\\_malawi.pdf](https://www-cambridge-org.proxygw.wrlc.org/core/services/aop-cambridge-core/content/view/90FF6D9679F59D790120E7A9B348BE92/S1368980018002719a.pdf/household_food_insecurity_is_associated_with_low_dietary_diversity_among_pregnant_and_lactating_women_in_rural_malawi.pdf).
8. Kariuki LW, Lambert C, Purwestri RC, Maundu P, Biesalski HK. Role of food taboos in energy, macro and micronutrient intake of pregnant women in western Kenya. *Nutrition and Food Science*; Bradford. 2017;47(6):795-807. <https://search-proquest-com.proxygw.wrlc.org/docview/1969817863/fulltextPDF/BAB1427DA1E84252PQ/1?accountid=11243>.
9. Kavle JA, Landry M. Addressing barriers to maternal nutrition in low- and middle-income countries: A review of the evidence and programme implications. *Matern Child Nutr*. 2018;14(1). doi:10.1111/mcn.12508 <https://www.ncbi.nlm.nih.gov/proxygw.wrlc.org/pmc/articles/PMC5763330/>.
10. Lee SE, Talegawkar SA, Merialdi M, Caulfield LE. Dietary intakes of women during pregnancy in low-and middle-income countries. *Public Health Nutrition*. 2013;16(08):1340-1353. doi:10.1017/S1368980012004417. [http://www.journals.cambridge.org/abstract\\_S1368980012004417](http://www.journals.cambridge.org/abstract_S1368980012004417).
11. Martínez Pérez G, Pascual García A. Nutritional taboos among the Fullas in Upper River Region, the Gambia. *Journal of Anthropology*. 2013. doi:10.1155/2013/873612 <https://www.hindawi.com/journals/janthro/2013/873612/>.

12. Meyer-Rochow VB. Food taboos: their origins and purposes. *Journal of Ethnobiology and Ethnomedicine*. 2009;5(1). doi:10.1186/1746-4269-5-18.  
<https://ethnobiomed.biomedcentral.com/track/pdf/10.1186/1746-4269-5-18>.
13. Mora JO, Nestel PS. Improving prenatal nutrition in developing countries: strategies, prospects, and challenges. *The American Journal of Clinical Nutrition*. 2000;71(5):1353S-1363S.  
 doi:10.1093/ajcn/71.5.1353S<https://academic.oup.com/ajcn/article/71/5/1353S/4729575>.
14. Nguyen PH, Frongillo EA, Sanghvi T, et al. Engagement of husbands in a maternal nutrition program substantially contributed to greater intake of micronutrient supplements and dietary diversity during pregnancy: Results of a cluster-randomized program evaluation in Bangladesh. *The Journal of Nutrition*. 2018;148(8):1352-1363. doi:10.1093/jn/nxy090. <https://academic-oup-com.proxygw.wrlc.org/jn/article/148/8/1352/5040613>.
15. Nti CA, Larweh PM, Gyemfua-Yeboah Y. Food consumption patterns, dietary quality and health status of expectant mothers: case studies in suburban and rural communities in Ghana. *International Journal of Consumer Studies*. 2002;26(1):7. doi: <https://doi.org/10.1046/j.1470-6431.2002.00211.x>.  
<http://web.a.ebscohost.com.proxygw.wrlc.org/ehost/pdfviewer/pdfviewer?vid=1&sid=d46af272-289e-4d7e-a109-380711e876b4%40sdc-v-sessmgr05>.
16. Perumal N, Cole DC, Ouédraogo HZ, et al. Health and nutrition knowledge, attitudes and practices of pregnant women attending and not-attending ANC clinics in Western Kenya: a cross-sectional analysis. *BMC Pregnancy and Childbirth*. 2013;13(1). doi:10.1186/1471-2393-13-146.  
<https://bmcpregnancychildbirth.biomedcentral.com/articles/10.1186/1471-2393-13-146>.
17. Rai, A. et al. Abuse from in-laws during pregnancy and post-partum: Qualitative and quantitative findings from low-income mothers of infants in mumbai, India. *Maternal Child Health Journal*. 2010. 15:700–712.  
<https://link-springer-com.proxygw.wrlc.org/content/pdf/10.1007%2Fs10995-010-0651-2.pdf>.
18. Rianga RM, Broerse J, Nangulu AK. Food beliefs and practices among the Kalenjin pregnant women in rural Uasin Gishu County, Kenya. *Journal of Ethnobiology and Ethnomedicine*. 2017;13(1).  
 doi:10.1186/s13002-017-0157-8. <https://ethnobiomed.biomedcentral.com/track/pdf/10.1186%2Fs13002-017-0157-8>.
19. Singh, A., Ram, R. Household food insecurity and nutritional status of children and women in Nepal. *Food and Nutrition Bulletin*. 2014. <https://journals.sagepub.com/doi/pdf/10.1177/156482651403500101>.
20. Shivalli S, Srivastava RK, Singh GP. Trials of Improved Practices (TIPs) to Enhance the Dietary and Iron-Folate Intake during Pregnancy-A Quasi Experimental Study among Rural Pregnant Women of Varanasi, India. Gutman J, ed. *PLOS ONE*. 2015;10(9):e0137735. doi:10.1371/journal.pone.0137735.  
<https://journals.plos.org/plosone/article/file?id=10.1371/journal.pone.0137735&type=printable>.
21. The Manoff Group. Improving maternal nutrition practices: Consultation and trials of improved practices with women and their families in Ethiopia's Oromia, Amhara, and SNNP regions. 2018.
22. Wulandari LPL, Klinken Whelan AK: Beliefs, attitudes and behaviours of pregnant women in Bali. *Midwifery*. 2011, 27(6):867–4. [https://ac-els-cdn-com.proxygw.wrlc.org/S0266613810001488/1-s2.0-S0266613810001488-main.pdf?\\_tid=f72aa0ce-7652-4e5a-98df-218b71145632&acdnat=1550540715\\_9d120a7e2e9f57879bbe7fde62557353](https://ac-els-cdn-com.proxygw.wrlc.org/S0266613810001488/1-s2.0-S0266613810001488-main.pdf?_tid=f72aa0ce-7652-4e5a-98df-218b71145632&acdnat=1550540715_9d120a7e2e9f57879bbe7fde62557353).
23. Zerfu, T. A., et al. Dietary habits, food taboos, and perceptions towards weight gain during pregnancy in Arsi, rural central Ethiopia: a qualitative cross-sectional study. *Journal of Health, Population and Nutrition*. 2016. 35:22. <https://jhpn.biomedcentral.com/track/pdf/10.1186/s41043-016-0059-8>.